



SMS Terms & Conditions

Effective Date: 1/29/2026

By opting in to receive SMS messages from **Virginia Neuro-Optometry** you agree to the following terms and conditions. These terms apply when you provide your mobile phone number and consent to receive SMS text messages from us.

Types of SMS Communication

By subscribing to SMS communications from **Virginia Neuro-Optometry**, you agree to receive text messages regarding appointment reminders, product or service updates, promotional offers, billing notices, and other relevant business communications.

Message Frequency

Message frequency will vary depending on your interaction with us, but you may receive up to **1-2x a month**. Standard message and data rates may apply.

Fees

Your carrier's standard messaging and data rates may apply to any SMS messages sent to or from you. **Virginia Neuro-Optometry** is not responsible for these charges.

How to Opt Out

You can opt out of receiving SMS messages at any time. To do so, simply reply "STOP" to any SMS message you receive. Alternatively, you can contact us directly to request removal from our messaging list. If you want to rejoin, simply reply **START** or opt-in again via our website or forms.

How to Opt in

You may opt in to receive SMS messages from [Company Name] in the following ways (This is an example. Please include the method used.)

- Verbally, during a conversation
- By submitting an online form
- By filling out a paper form



HELP:

For help, reply **HELP** to any message or contact us directly at:

Phone: 804-387-2902

Email: info@virginianeurooptometry.com

Address: 10124 W Broad St, Suite E, Glen Allen, VA 23060

Privacy

Your privacy is important to us. Please review our [Privacy Policy](#) to understand how we collect, use, and protect your information. We do not sell or share your mobile number or SMS opt-in data with third parties for their marketing purposes.

Eligibility

You must be at least 18 years old to participate in our SMS program, or have the consent of a parent or legal guardian.

Carriers

Participating carriers may vary and are not liable for delayed or undelivered messages.

Changes to Terms

We reserve the right to update or amend these SMS Terms & Conditions at any time. Changes will be effective immediately upon posting to our website. Your continued participation in our SMS program constitutes your acceptance of any changes.

Standard Messaging Disclosures:

- Message and data rates may apply.
 - You can opt out at any time by texting "STOP."
 - For assistance, text "HELP" or visit our [Privacy Policy] and [Terms and Conditions] pages.
 - Message frequency may vary
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Contact Us

If you have any questions about these SMS Terms & Conditions, please contact us at:

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