

Education

Residency	Binocular Vision, Neuro-Optometry, and Children's Vision University of California at Berkeley, School of Optometry (UCBSO)	June 2014
O.D.	Doctorate of Optometry University of California at Berkeley, School of Optometry (UCBSO)	GPA 3.89/4.0 May 2013
B.S.	Biochemistry and Cellular Biology Bucknell University, Lewisburg, Pennsylvania <i>Phi Beta Kappa, Mortar Board, Summa Cum Laude</i>	GPA 3.92/4.0 May 2009

Licensures

Virginia	Current/Active - Optometrist – TPA Certified, 0601002840	01/22/2020-Present
California	Current/Active – Optometrist – TPA Certified, 14703 TLG	07/09/2013-Present
Colorado	<i>Expired/Inactive – Optometrist – TPA Certified, OPT.0003136</i>	6/30/2015-03/31/2019

Clinical Experience

- **Virginia Neuro-Optometry – Richmond, VA** June 2020- Present
 - Owner/founder/lead neuro-optometrist
 - Private practice located at the Concussion Care Centre of Virginia, a multidisciplinary brain injury setting that offers comprehensive sub-specialty brain injury services.
 - Provide neuro-optometric evaluation, treatment, and rehabilitation for patients with visual complaints due to brain injury, stroke and neurodegenerative disease both in-office and via telemedicine.
 - Provide neuro-developmental and visual processing evaluation for pediatric patients with cortical visual impairment, strabismus, amblyopia, binocular vision disorders and visual agnosias
- **Kaiser – San Rafael/Petaluma, CA** Oct 2014-Mar 2020
 - Staff neuro-optometrist
 - Performed tertiary care eye examinations and oculomotor evaluations for the treatment of diplopia and atypical visual complaints in patients with neurological and systemic disease including concussion, stroke, Parkinson's disease, myasthenia gravis, Graves disease, nystagmus, and cranial neuropathies for the entire region of Northern California Kaiser Permanente.
 - Treatment methodologies included compensating and yoked prism, patient education on adaptations to oculomotor restrictions, and a home-based orthoptics/co-management rehabilitation program with occupational and physical therapy for patients who needed in-office out-patient treatment.
 - Northern California Eye Care Monitoring Program (ECMP)
 - Regional Diabetic Photo Telemedicine Reader - remotely graded and triaged diabetic retinopathy photos based on level of disease. Helped re-design Epic's diabetic photo interpretation form to improve efficiency and accuracy of photography grading.
 - Active Diabetic Retinopathy (ActDR) Superscorer - one of 10 optometrists in the entire Northern California region who was selected to actively and remotely monitor diabetics with moderate and severe non-proliferative diabetic retinopathy with non-center-involving (diabetic macular edema
 - ActDR Action Champion for San Rafael/Petaluma facilities – triaged all patient cases for San Rafael and Petaluma Kaiser facilities who were diagnosed with other ocular diseases from the diabetic telemedicine program. Ensured that patients were placed in the appropriate clinic with the appropriate provider with timeliness and efficiency
- **UC Berkeley Sports Vision Clinic – Clinic Chief, Founder** Aug 2015 - Dec 2017
 - Clinic Chief, Founder, and Lead Researcher
 - Using evidence from my clinical research on the impact of concussion on the oculomotor system in NCAA athletes, I was able to create the Sports Vision and Concussion Clinic located in the UC Berkeley Memorial Football Stadium. Through collaboration and coordination with the UC Berkeley Sports Medicine, Athletics, Optometry and Vision Science departments, this clinic provides both clinical care, clinical research, and optometric education in sports vision performance and optometric concussion management. Initially created to serve UC Intercollegiate athletes, I used clinical evidence in the expedited treatment of concussion to

improve rate of return-to-learn and return-to-play, to expand clinical services and get approved UC student insurance coverage for all UC Berkeley students suffering from a concussion to attain post-concussion oculomotor evaluation and treatment. After one year, I further expanded the clinic to provide a revolutionary home-based orthoptics model for the general public that would provide services to patients in a manner that was effective but not cost-prohibitive for oculomotor recovery.

- **EyePacs- Credentialed Primary Offsite Telemedicine Consultant** Jan 2015-Present
 - Remotely evaluate fundus photography of diabetic patients and generate e-consults through telemedicine to help diagnose diabetic retinopathy and other sight-threatening vision conditions to make appropriate referrals for patients in need of further treatment.
 - Remotely evaluate OCT images of the macula to rule out macular edema for patients with multiple sclerosis needing retinal evaluation prior to initiation of certain medications by their neurologist
- **UC Berkeley School of Optometry –Assistant Clinical Professor** July 2014-Dec 2017
 - Clinical Instructor in the Binocular Vision and Sports Vision clinics
 - Taught 3rd year optometry students binocular vision and vision therapy in a clinical setting
- **La Clinica de La Raza – Oakland, CA** July 2014-August 2015
 - On-Call Optometrist for low-income based community clinic, with 90% Spanish-speaking population for primary care optometric services
- **Lumina Optometry – San Anselmo, CA** July 2014-June 2015
 - Performed optometric primary eye examinations with emphasis on contact lens fittings, optical frame selections/repairs, and ocular disease management
- **Marin Eye and Ear – Greenbrae, CA** May 2014-Sept 2014
 - Performed optometric primary eye examinations with emphasis on contact lens fittings and ocular disease in a fast-paced private ophthalmology office
- **Residency -UC Berkeley Binocular Vision & Neuro-Optometry Clinic** July 2013- 2014
 - Specialized in the diagnosis and management of sensory-motor disorders of binocular vision including strabismus, amblyopia, anomalous correspondence, and general binocular dysfunction resulting from paresis, tonic disorders, and accommodative/vergence disorders.
 - Worked extensively with acquired brain injury patients and their optometric evaluation, diagnosis, and therapeutic management of oculomotor, sensory-motor and visual processing disorders
- Externships/Internships/Private Practice Experience
- **UC Berkeley, Meredith W. Morgan Eye Center,** Mar-May 2013
 - Experience in primary care, advanced contact lens, low vision, binocular vision, and ocular disease
- **Rising Star Optometry Private Practice – San Rafael, CA** Jan-May 2013
 - Worked as a vision therapist under the tutelage of Drs Grisham and Shumaker
- **Castle Family Health Center – Atwater, CA** Jan-Mar 2013
 - Diagnosed and managed ocular disease and refractive error in a population including 35% high-risk pathology, 15% pediatrics, and 70% Spanish speaking. Enhanced proficiency in management of glaucoma, diabetic retinopathy, hypertensive retinopathy, retinal detachments, uveitis, and papilledema
- **Alameda County Medical Center – Oakland, CA** Oct-Dec 2012
 - Diagnosed and managed ocular disease/refractive error in low income, county and medi-cal patients. Experience in treating anterior and posterior uveitis, scleritis, corneal abrasions, glaucoma, and diabetic retinopathy.
- **Bascom Palmer Eye Institute: Pediatrics & Strabismus Center – Miami, FL** Aug-Oct 2012
 - Excelled in direct patient care of infant vision and pathology including strabismus, amblyopia, congenital cataracts, congenital glaucoma, and retinopathy of prematurity. Participated in pediatric aphakic contact lens fitting.
- **San Francisco Veterans Administration – San Francisco, CA** May-Aug 2012
 - Enhanced proficiency in treatment and management of ocular disease including glaucoma, diabetic retinopathy, hypertensive retinopathy, retinal detachments, and herpes simplex keratitis

Research Experience

- **NJ Institute of Technology, Clinical Research – Richmond, VA** Sep 2021- Present
 - Satellite clinic for clinical research in post-concussion oculomotor dysfunction
- **UC Berkeley, Clinical Research – Berkeley, CA** June 2013-Dec 2017
 - Served as lead researcher in clinical research investigating the oculomotor system in athletes pre- and post-concussion.
 - Collaborated with UC Berkeley Sports Medicine and Athletics Departments to evaluate the necessity of optometric assessment in a multi-disciplinary approach to concussion management.
 - <http://www.calbears.com/ViewArticle.dbml?ATCLID=210591953>
- **NIH SBIR Subcontract - Berkeley, CA** June 2016-May 2017
 - Clinical research consultant for C. Light Technologies– Utilized the Translating Scanning Laser Ophthalmoscope (TSLO) eye tracker to evaluate its utility in monitoring fixation in athletes pre and post-concussion
- **NIH T35 Summer Research Grant- Berkeley, CA** June-Aug 2010
 - Analyzed literature to identify microRNAs involved in lymphangiogenesis and/or presence in the cornea
 - Designed a protocol using the murine in vivo suture placement model to induce corneal inflammatory lymphangiogenesis. Measured changes in corneal microRNA expression levels using RT-PCR.
 - Analyzed microRNA 184's effects on human lymphatic endothelial cells viability and tube formation in vitro

Teaching Experience

- **UC Berkeley, School of Optometry, Asst Clinical Professor/Adjunct** Aug 2015-Present
- **UC Berkeley, Sports Vision and Concussion Clinic –Chief** Sep 2016-Dec 2017
- **UC Berkeley, Binocular Vision Clinic – Clinical Instructor** July 2014-Aug 2015
- **UC Berkeley, Binocular Vision Clinic – Clinical Teaching Assistant** June 2013-June 2014
- **UC Berkeley, Primary Care Clinic – Clinical Teaching Assistant** Oct-Dec 2012
- **UC Berkeley, Ocular/Systemic Pharmacology – Didactic Tutor** Aug-Dec 2011
- **UC Berkeley, Physiological Optics – Didactic Teaching Assistant** Jan-May 2011

Selected Presentations – Optometric Continuing Education/Professional Development

- Theis J. “Neuro-Ophthalmologic Emergencies.” West Virginia Association of Optometric Physicians. November 2021. Charleston, WV
- Theis J. “Neuro-optometric Grand Rounds.” West Virginia Association of Optometric Physicians. November 2021. Charleston, WV.
- Theis J. “Neurologic Visual Field Loss: The Optometrist’s Role.” West Virginia Association of Optometric Physicians. November 2021. Charleston, WV.
- Theis J. “Adult Diplopia Grand Rounds.” West Virginia Association of Optometric Physicians. November 2021. Charleston, WV.
- Theis J. “Neuro-Optometric Grand Rounds.” - American Academy of Optometry Annual Meeting. November 2021. Boston, MA
- Theis J. “Right Hemineglect – A Rare Phenomenon.” American Academy of Optometry Annual Meeting. November 2021. Boston, MA
- Theis J. “Optometric Diagnosis and Management of Post-Concussion Oculomotor Dysfunction.” AOE Webinar: Vision Therapy Live Interactive Webinar. October 2021.
- Morgenstern A, Theis J. “How do I explain Myopia Management to a Parent?” – Oculus Webinar. October 2021
- Theis J. “Neuro-Optometric Grand Rounds.” – Sacramento Valley Optometric Association: Tahoe Vision Summit. July 2021. Incline Village, NV
- Theis J. “Neuro-Ophthalmological Emergencies.” – Sacramento Valley Optometric Association: Tahoe Vision Summit. July 2021. Incline Village, NV
- Theis J. “A Rote Approach to a Neuro-Optometric Examination – The Basics.” – Sacramento Valley Optometric Association: Tahoe Vision Summit. July 2021. Incline Village, NV

- American Optometric Association Expert Panelist - "Emergency Children's Vision Summit" – March 2021
- Theis J. "Neurological Visual Field Loss: The Optometrist's Role." – Best of Academy Live January 2021. Virtual Live CE Event
- Theis J. "A Systematic Approach to Diabetic Photo Reading." – American Academy of Optometry Annual Meeting October 2020. Virtual Live CE Event
- Theis J. "Neurological Visual Field Loss: The Optometrist's Role." – American Academy of Optometry Annual Meeting October 2020. Virtual Live CE Event
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." October 2020. Virginia Optometric Association Fall Conference. Norfolk, VA.
- Theis J. "A Systematic Approach to Diabetic Photo Reading." – Wisconsin Optometric Association Annual Meeting and Online Lecture Series. Virtual Live CE Event October 2020.
- Theis J. "Neuro-Optometric Grand Rounds." – Wisconsin Optometric Association Annual Meeting and Online Lecture Series. Virtual Live CE Event October 2020.
- Theis J. "Adult Diplopia Grand Rounds." – Wisconsin Optometric Association Annual Meeting and Online Lecture Series. Virtual Live CE Event October 2020.
- Theis J. "Adult Diplopia Grand Rounds" – Richmond Optometric Society. July 2020 Virtual Webinar
- Theis J. "A Systematic Approach to Diabetic Photo Reading." – American Optometric Association Optometry's Virtual Meeting. June 2020. Washington, DC Cope 67744-SD
- Theis J. "Neuro-Optometric Grand Rounds" – American Optometric Association Optometry's Virtual Meeting. June 2020. Washington, DC. COPE 67721-NO
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." – Santa Clara County Optometric Association. May 2020 Webinar
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." – Ocular Pathology Conference, Kaiser Permanente. February 2020. Portland, OR.
- Theis J. "Neuro-Ophthalmological Emergencies Presenting in Primary Care Optometry." – Ocular Pathology Conference, Kaiser Permanente February 2020. Portland, OR.
- Theis J. "A Rote Approach to Diabetic Photo Reading – Workshop." San Francisco Symposium. February 2020. San Francisco, CA
- Theis J. "Prescribing Prism in Adults." San Francisco Symposium. February 2020. San Francisco, CA
- Theis J. "Evidence-Based Approach to Concussion: Part 1 –Optometric Diagnosis." East West Conference October 2019. Ohio State University. – COPE Approved 62998-NO
- Theis J. "Evidence-Based Approach to Concussion: Part 2 – Optometric Management and Case." East West Conference October 2019. Ohio State University.
- Theis J. "A Rote Approach to Neuro-Optometric Exam: Part 1 – the Basics." East West Conference October 2019. Ohio State University. – COPE Approved 63000-NO
- Theis J. "A Rote Approach to Neuro-Optometric Exam: Part 2 – Cases." East West Conference October 2019. Ohio State University.
- Theis J. "Neuro-Ophthalmological Emergencies." East West Conference October 2019. Ohio State University. COPE Approved 63002-NO
- Garbus C, Johnson R, Shumaker J, Theis J. "Diagnosis and Management of Concussion in Primary Care Workshop." Optometry's Meeting June 2019. St Louis MO.
- Theis J. "Neuro-Ophthalmology Emergency Grand Rounds." San Francisco Symposium. January 2019. San Francisco, CA.
- Theis J. "A Rote Approach to Diabetic Photo Reading." – American Academy of Optometry Annual Meeting November 2018. San Antonio, TX. COPE Approved 55927-PS (Exp 12/12/2019)
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." – American Academy of Optometry Annual Meeting November 2018. San Antonio, TX. COPE Approved 51920-NO (Exp 1/6/2020)
- Theis J. "Neuro-Ophthalmological Emergencies Presenting in Primary Care Optometry." – American Academy of Optometry Annual Meeting November 2018. San Antonio, TX. COPE Approved 51921-NO (Exp 12/19/2019)
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." – San Francisco Optometric Society. Sept 2018. San Francisco, CA. COPE Approved 51920-NO (Exp 1/6/2020)

- Theis J. "What a concussion LOOKS like." - Alameda and Contra Costa Counties Optometric Society. Sept 2018. Livermore, CA.
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." – Alejandra Reyes OD CE Seminar Series, Kaiser Permanente Continuing Education. Sept 2018 Oakland, CA COPE Approved 51920-NO (Exp 1/6/2020)
- Theis J. "A Rote Approach to Diabetic Photo Reading." – Alejandra Reyes OD CE Seminar Series, Kaiser Permanente Continuing Education. Sept 2018 Oakland, CA COPE Approved 55927-PS (Exp 12/12/2019)
- Montecalvo BH, Simonson J, Earley MJ, Theis J. "Concussion/Traumatic Brain Injury Panel." – Optometry's Meeting June 2018. Denver, CO.
- Chow, M, Theis J. "Cataract Post-Op Complications." – Optometry's Meeting June 2018. Denver, CO. COPE Approved
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." – Optometry's Meeting June 2018. Denver, CO. COPE Approved 51920-NO (Exp 1/6/2020)
- O'Brian K, Theis J. "I Respectfully Disagree" SOLutioN Annual Conference, June 2018. Houston, TX.
- O'Brian K, Theis J. "I Respectfully Disagree" UC Berkeley Optometric Business Management Club Lecture Mar 2018. Berkeley, CA
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." – Indiana Optometric Association – Feb 2018 Indianapolis, IN. COPE Approved 51920-NO (Exp 1/6/2020)
- Theis J "Neurological and Systemic Disease Presenting in Primary Care Optometry." – Indiana Optometric Association – Feb 2018 Indianapolis, IN. COPE Approved 51919-NO (Exp 12/28/2019)
- Theis J. "Neuro-Ophthalmological Emergencies Presenting in Primary Care Optometry." – OptoWest. April 2018. Sacramento, CA. COPE Approved 51921-NO (Exp 12/19/2019)
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." – OptoWest . April 2018. Sacramento CA. COPE Approved 51920-NO (Exp 1/6/2020)
- Theis J. "Neuro-Ophthalmological Emergencies Presenting in Primary Care Optometry." – OptoWest. Mar 2018. Santa Clara, CA. COPE Approved 51921-NO (Exp 12/19/2019)
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." – OptoWest . Mar 2018. Santa Clara, CA. COPE Approved 51920-NO (Exp 1/6/2020)
- Theis J. "Neuro-Ophthalmological Emergencies Presenting in Primary Care Optometry." – OptoWest. Feb 2018. San Diego, CA. COPE Approved 51921-NO (Exp 12/19/2019)
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." – OptoWest . Feb 2018. San Diego, CA. COPE Approved 51920-NO (Exp 1/6/2020)
- Theis J. "Neuro-Ophthalmological Emergencies Presenting in Primary Care Optometry." – American Academy of Optometry Annual Meeting October 2017. Chicago, IL. COPE Approved 51921-NO (Exp 12/19/2019)
- Theis J, Chow M. "Tales from the Trenches: Cataract Pre-Op and Post-Op" Alejandra Reyes OD CE Seminar Series, Kaiser Permanente Continuing Education. Sept 2017 Oakland, CA
- Theis J. "Neuro-Ophthalmological Emergencies Presenting in Primary Care Optometry." – Optometry's Meeting June 2017. Washington D.C. COPE Approved 51921-NO (Exp 12/19/2019)
- Theis J. "Concussion – An Evidence-Based Approach to Optometric Management." – Optometry's Meeting June 2017. Washington D.C. COPE Approved 51920-NO (Exp 1/6/2020)
- Theis J "Neurological and Systemic Disease Presenting in Primary Care Optometry." - Optometry's Meeting June 2017. Washington D.C. COPE Approved 51919-NO (Exp 12/28/2019)
- Theis J. "Sports Vision 101"– Berkeley Practicum Jan 2017. Berkeley, CA– COPE Approved 51769-FV
- Theis J. "Vision Problems Post-Concussion."– Berkeley Practicum Jan 2017. Berkeley, CA - COPE Approved 51768-NO
- Theis J. "How to Form a Niche." UC Berkeley Optometric Business Management Club Lecture Oct 2016. Berkeley, CA
- Theis J. "Introduction to the Profession of Optometry" – Kaiser Permanente Youth Health Forum. October 2016. San Rafael, CA
- Theis J. "Neurological and Systemic Disease Presenting in Primary Care Optometry." Alejandra Reyes OD CE Seminar Series, Kaiser Permanente Continuing Education. Sept 2016. Oakland, CA

- Theis J. "Neurological and Systemic Disease Presenting in Primary Care Optometry." Alameda and Contra Costa County Optometric Society Continuing Education. Sept 2016.. Walnut Creek, CA.
- Theis J. "Concussion: an Evidence Based Approach to Optometric Visual Management." UC Berkeley BTalks Lecture Series – Faculty Lecture Series Continuing Education. Aug 2016. Berkeley, CA
- Theis J. "Concussion: an Evidence Based Approach to Optometric Visual Management." UC Berkeley Vision Development Club Lecture. Mar 2016. Berkeley, CA
- Theis J. "Evidence Based Optometric Practice for Diabetes." Local Meeting Presentation. Kaiser Permanente San Rafael. July 2015. San Rafael, CA
- Theis J. "Iatrogenic Aniseikonia in a Pre-Operative Anisometropia." Grand Rounds Case Presentation. 2014 AAO Conference Denver., CO. Lecture Series
- Theis J. "OMG its OMG!: Ocular myasthenia gravis". UC Berkeley Residency Lecture. UC Berkeley School of Optometry June 2014.
- Theis J. "Living in a Fishbowl: Iatrogenic aniseikonia – a novel treatment method." UC Berkeley Residency Lecture, San Francisco VA. Jan 2014
- Theis J. "A Dog Can Have Both Ticks and Fleas: Recurrent Superior Oblique Palsy" Grand Rounds Case Presentation. Residency, Palo Alto VA Oct 2013

Selected Presentations –Professional Development for Non-Optometric Professionals

- Theis J. "Adaptation and Rehabilitation of Neurological Visual Field Defects." – Inservice Lecture for Parham Hospital In-patient and Outpatient -Occupational and Physical Therapy Department. December 2021. Richmond, VA
- Theis J. "Vision Problems in Concussion." Concussion Care Centre of Virginia Webinar Series for Lawyers and Case Managers. June 2021
- Theis J. "Visual Modifications for Patients with TBI." Virtual Webinar for BINA: Stroke and Brain Injury Assistance. June 2021
- Theis J. "Vision Problems in Concussion." Virtual Webinar for Brain Injury Association of America. June 2021
- Theis, J. "Light Sensitivity in Brain Injury." Virtual Webinar for Brain Injury Association of Virginia. March 2021
- Theis, J. "Trouble Shooting Post-Concussion Oculomotor Rehabilitation." Virtual CE Webinar for Sheltering Arms Physical Therapy Department. November 2020
- Bansal S, Shumaker J, Theis J. "Concussion Subtypes – Vision Assessment and Treatment" – SyncThink Webinar Series May 2020.
- Theis J. "Trouble-Shooting Vision Problems in Occupational Therapy" – Webex for Northern California Kaiser Permanente Occupational Therapists December 2020
- Theis J. "Trouble-Shooting Post-Concussive Vestibular-Oculomotor Rehabilitation" – Webex for Northern California Kaiser Permanente Physical Therapists. September 2019
- Theis J. "Visual Processing Disorders in Acquired Brain Injury." – Webex Lecture Series for Northern California Kaiser Permanente Occupational Therapists. September 2019.
- Theis J. "Adaptation and Rehabilitation of Neurological Visual Field Defects." – Inservice Lecture for Kaiser Permanente Neuro-Occupational and Neuro-Physical Therapy Department. August 2019. San Rafael, CA
- Theis J, "Vision Problems in Concussion." – CME for non-optometric medical physicians at Kaiser Permanente Department of Sports Medicine/Concussion Clinic. May 2019. Vallejo, CA
- Theis J. "Visual Field Defects and Occupational Therapy." – Webex Lecture Series for Northern California Kaiser Permanente Occupational Therapists. March 2019.
- Theis J. "Management and Rehabilitation of Oculomotor Problems in Occupational Therapy" – Webex Lecture Series for Northern California Kaiser Permanente Occupational Therapists. December 2018.
- Theis J. "Diagnosis and Management of Vestibular-Oculomotor Sequelae in mTBI" – Webex Lecture Series for Northern California Kaiser Permanente Vestibular Physical Therapists. August 2018.
- Theis J. "How vision disorders in ABI may impact speech/cognitive therapy." –In service for Kaiser Permanente Speech Therapy Department. August 2018
- Theis J. "Introduction to the Profession of Optometry" – Kaiser Permanente Youth Health Forum. October 2017. San Rafael, CA

- Theis J. "Vision Problems in Pediatric Concussion." CME for Kaiser Permanente Department of Pediatrics. Sep 2017. San Rafael, CA
- Theis J. "Vision Problems in Concussion." – Concussion: A symposium on youth concussion for medical providers. Buck Institute for Research on Aging. May 2017. Novato, CA
- Theis J. "Vision Problems in Concussion" – Meyer Lecture to UC Berkeley Sports Medicine Physicians, April 2017. Berkeley, CA.
- Theis J. "Athletic Training and the Eye." UC Berkeley Sports Medicine Department – Athletic Training Continuing Education Seminar Feb 2016. Berkeley, CA

Selected Publications/Posters

- Pinkston W. "The Eyes, The Window of the Soul and a Light on our Cognitive Health. AOA Focus Nov/Dec 2022
- Theis J. "Pattern Recognition in Diabetic Retinopathy Diagnostic Screenings." Optometry Connection. 2021
- Miller S, Morgenstern A, Urbanski C, Greenspan L, McAllister B, McKeown S, Newman C, Sharma M, Singh S, Spors F, Theis J. "American Optometric Association: Evidence-Based Myopia Management Clinical Report." June 2021
- Van Meter E, Tran J, Green Z, Sheehy C, Theis J, Rossi E, Reeher H, Zhang M, Bolch C, Putnam N. Comparing fixational stability of D1 baseball players as measured by Tracking Scanning Laser Ophthalmoscopy to healthy controls. 2021 ARVO Conference Poster
- Theis J. "Diabetes: Employ Diagnostic Imaging: a Look at the Utility of the Latest Technology." Optometric Management May 2021
- Theis J. "Consulting Patients with Hemianopic Visual Field Cuts." *Modern Optometry*. April 2021
- Theis J. "Retinal Artery Occlusion: A Sign of Stroke." *Modern Optometry*. November 2020.
- Theis J. "A Lesson on Neurological Visual Field Loss." *Modern Optometry*. September 2020.
- Theis J. "The Real-World Cataract Evaluation." Continuing Education Article for *Review of Optometry*. June 2019
- Sheehy CK, Beaudry-Richard A, Bensinger E, Theis J, Green AJ. Methods to assess ocular motor dysfunction in multiple sclerosis. *J Neuro-Ophthalmol*. 2018;38:488-493
- Theis J. "Sports Vision – Lens Tints." Rosenfield M, Goodwin D, Lee EM. *Clinical Cases in Eye Care*. 2019. 23-26. Wolters Kluwer. Philadelphia
- Theis J. Concussion in Kids, Different from Adults. *Advanced Ocular Care*. Sept 2016. 25-27.
- Grimaldo S, Yuen D, Theis J, Ng M, Ecoiffier T, Chen L. MicroRNA-184 regulates corneal lymphangiogenesis. *Invest Ophthalmol Vis Sci*. 2015; 56:7209-7213.
- Theis J, Hoenig P., Lee Chen D. "Iatrogenic Aniseikonia from Surgical Emmetropization of a Pre-Operative Anisometropia." UC Berkeley Optometry. 2014 SECO Conference, Multimedia Poster.
- Theis J, Hoenig P. "Superior Oblique Palsy of Compound Etiology" UC Berkeley Optometry. 2013 AAO Conference Seattle, Poster #9, Resident's Day Poster Session
- Theis J. "Sports Vision Therapy: How to optometrically treat athletes, from one OD to another." *California Optometry*. July/August 2013. 40(4):42-43
- Grimaldo S, Theis J, Chen L. "MicroRNA-184 Regulates Corneal Lymphangiogenesis". UC Berkeley Optometry. 2011 ARVO Conference, Poster #D856

Leadership Experience

- **Virginia Optometric Association (VOA)**
 - VOA Board of Trustees Mar 2020 - Present
 - VOA Education Committee 2021 - Present
 - VOLT (Virginia Optometric Leadership Training) Oct 2020 - Present
 - Richmond Optometric Society Secretary/Treasurer 2020-2021
- **American Optometric Association (AOA)**
 - Member, Evidence-Based Optometry Committee Dec 2013 - Present
 - Member, Vision Rehabilitation Committee Jan 2021-Present
 - Member, Vision Rehabilitation Committee Jan 2021- Present
- **ESC Local 20 Nominated Steward – Kaiser Permanente San Rafael** June 2016-Mar 2020

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- **Kaiser Permanente**
 - Unit-Based Team (UBT) Co-Lead Dec 2016 – Mar 2020
 - Labor-Management Partnership (LMP) Labor Co-Lead Feb 2017 – Mar 2020
- **California Optometric Association (COA)**
 - COA Health Care Delivery Systems Committee May 2014-Mar 2020
 - California Contract Advisory Committee Mar 2018 – Mar 2020
- **Alameda Contra Costa County Optometric Society (ACCCOS)**
 - Executive Board President Elect (2019-2020) June 2018 – Jan 2020
 - Executive Board Co-Director of Corporate Relations (2016-2019) May 2013-Mar 2020
 - Executive Board Secretary (2015-2016)
- **Student Optometric Leadership Network (SOLution)** April 2011-Dec 2019
 - Advisory Panel (2016-2019), Board of Directors (2013-2016), Co-Founder
 - International non-profit organization that works to further optometric student leadership education

Additional Professional Experience/Service

- Peer Reviewer for Journal of Brain Injury 2020 to present
- Peer Reviewer for Journal of Optometry and Vision Science 2020 to present
- Peer Reviewer for Review of Optometry 2019
- Peer Reviewer for Shaken Brain: The Science, Care and Treatment of Concussion by Elizabeth Sandel. Harvard Assoc Press, Cambridge MA, 2020.

Podcast Interviews

- Pink Concussions Casual Conversations: Episode 29: Visual Dysfunction after TBI Oct 2021
- Making Headway: The Therapy you Never Knew you Needed Apr 2021
- Try Not to Blink: Need to Know Neuro, Episode 142 Mar 2021

Optometric Honors/Awards

- Richmond Magazine's Top Doctors 2021
- California Optometric Association Young Optometrist of the Year 2019
- Marvin R Poston VSP Excellence in Primary Care Scholarship Award 2013
- Vision West Scholarship 2013
- Drs. Bernhardt N. & Lawrence S. Thal Professional Student Support Fund Award 2013
- Drs. Morton D.& Donald S. Sarver PSSF Fund Award 2012
- Walmart Optometry Scholarship 2012
- Drs. Morton D.& Donald S. Sarver PSSF Fund Award 2011
- Berkeley Optometry Community and School Service Award 2011
- Walmart Foresight Award – School Winner, National Competitor 2011

Professional Affiliations

- Vestibular Disorders Association (VEDA) 2021-Present
- Brain Injury Association of Virginia (BIAV) 2021-Present
- Neuro-Optometric Rehabilitation Association (NORA) 2015-Present
- American Academy of Optometry (AAO) – FAAO attained in Nov 2014 2010-Present
- Beta Sigma Kappa (BSK) - Berkeley Chapter 2009-Present
- Berkeley Optometric Alumni Association (BOAA) 2010-Present
- American Optometric Association (AOA) 2009-Present
- Virginia Optometric Association (VOA) 2020-Present
- Richmond Optometric Society (ROS) 2020-Present
- California Optometric Association (COA) 2009-2020
- Alameda and Contra Costa Counties Optometric Society (ACCCOS) 2013-2020

Community Service Experience

- BIAV – Bike Ride Volunteer 2021
- BIAV – Student Mentor 2021
 - Helped interns develop vision therapy webpage for brain injury awareness
- Bay Area Optometric Council – Student Mentor 2019-2020
- Foresight Conference – Optometrist Panelist October 2019
- Lions in Sight – Vision Clinic Optometrist - Merida, Yucatan, Mexico August 2018
- Lions in Sight – Vision Clinic Optometrist – Jerez, Zacatecas, Mexico July 2018
- American Indian Public Middle School – School Vision Screening Oct 2012
- Hot Meals for the Hungry – Sous Chef Berkeley, CA 2011-2012
 - Helped St. Mark’s Church prepare meals for the homeless on a monthly basis
- Unite For Sight – Clinic Coordinator, Tegucigalpa, Honduras Jan 2009
 - Established, trained, and organized a volunteer outreach optometric program
- Unite For Sight – Outreach Optometric Volunteer Asikuma, Ghana July 2008
 - Diagnosed anterior infections, refractive errors, and cataracts
 - Fundraised \$3000 to provide free cataract surgeries
 - Observed phacoemulsification cataract extractions